



# Materials

Strength of materials



UNIVERSITATEA  
BABEȘ-BOLYAI

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# Agenda

- Strength of materials theory
- Force, Stress, and Strain
- Material properties
- Characterisation
- Biological tissues of interest



# Strength of materials

## Definition

The study of describing the amount of load that can be exerted on a material until it deforms or fails.



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Galileo Galilei was one of the first to develop a theory for the strength of materials (*Two new sciences*, 1638)



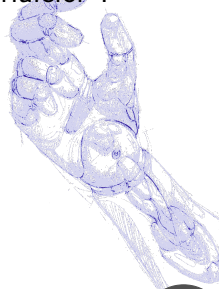
# Strength of materials

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What concepts you remember from 'Rezistența Materialelor'?



# Strength of materials

## General overview

Basic hypothesis: every object has resistance to deformation related to its composing materials and shape.



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**Resistance** relates to the amount of load we exert on the object.

**Deformation** can be either temporary or permanent.



# Strength of materials

## Stress

Stress is a standardized unit for quantifying the load applied on a specific area. It is a similar notion as pressure, as it is calculated by the division of Force under the Area.

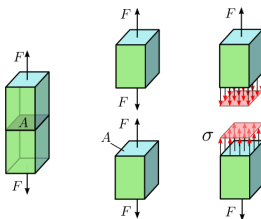


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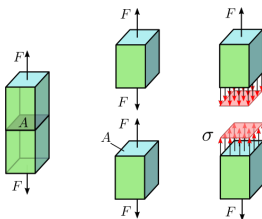


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Why use stress instead of force?

# Strength of materials

## Stress

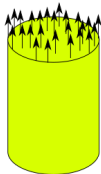
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# Strength of materials

## Stress

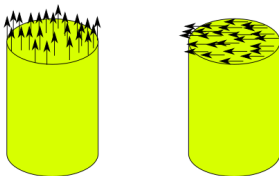
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# Strength of materials

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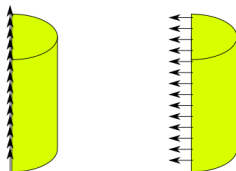
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# Strength of materials

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What is *normal* or *parallel*, depends what is the surface of reference





# Strength of materials

## Strain

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$$\epsilon = \frac{\Delta(x-X)}{\Delta(X)}$$



# Strength of materials

## Tensile tests

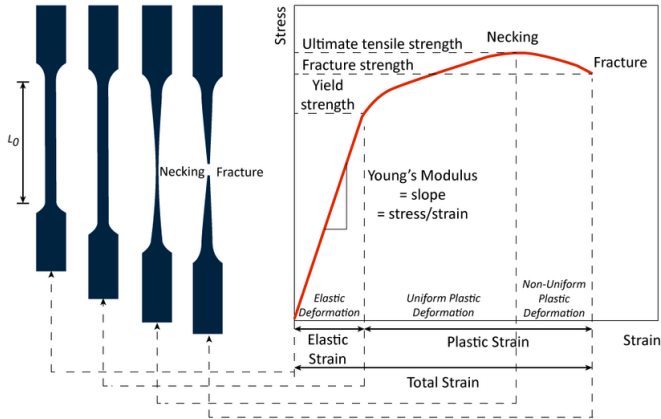
How do we quantify the properties of a material?



# Strength of materials

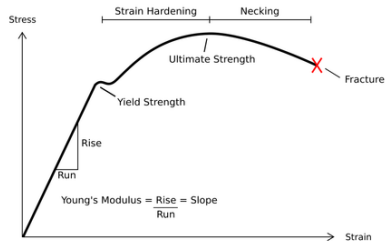
## Tensile tests

How do we quantify the properties of a material?



# Strength of materials

## Strain-stress graph



How does it help? What kind of information does it provide?



# Material properties of interest

## Stiffness

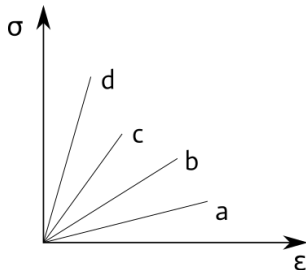
We can derive several information from this graph. Most important property is called *Stiffness* or *Elasticity*. It is calculated as the slope of the stress-strain curve during the linear part.



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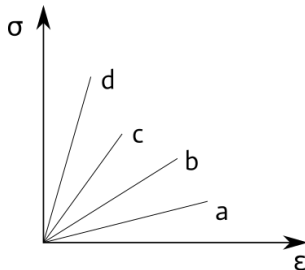




# Material properties of interest

## Stiffness

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Which of these materials is more *stiff*?



# Stiffness

## Modeling

For the linear deformation, we can model the material as a perfect spring, following **Hooke's law**.



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What are the units of  $E$  (called *Young's modulus*)?



# Material properties of interest

## Yield point

### Elastic deformation

Deformation that disappears after the forces are removed

### Plastic deformation

Deformation that remains after the forces are removed



# Material properties of interest

## Yield point

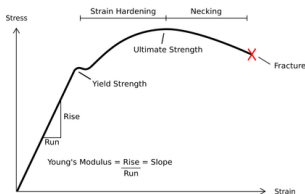
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Deformation that remains after the forces are removed

Every material has a limit for elastic/plastic deformation, called the Yield point.





# Material properties of interest

## Plastic deformation

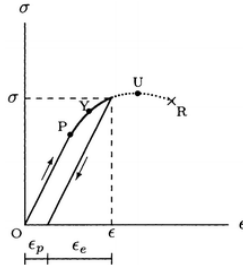
What happens when the yield point is exceeded?



# Material properties of interest

## Plastic deformation

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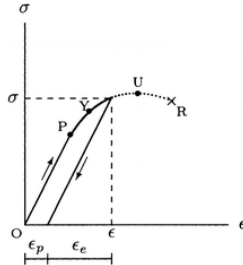
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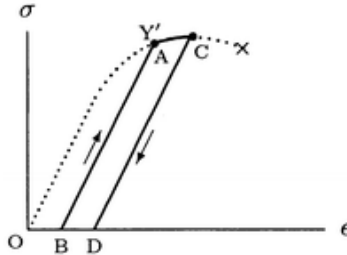
Residual (plastic) deformation  $\epsilon_p$



# Material properties of interest

## Plastic deformation

What happens when the yield point is exceeded?



Adapted from 'Fundamental of Biomechanics', by Ozkaya et al.

Plastic deformation can add up



# Material properties of interest

## Viscoelasticity

Not all materials behave like perfect springs: the case of Viscosity.

$$F = \mu A \frac{u}{y}$$



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Viscosity is the property of a fluid that shows the resistance in flow.

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Viscosity is the property of a fluid that shows the resistance in flow. It relates pressure with flow rate.

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If a material has partial fluid like properties, it can exhibit partial viscosity, together with their elastic properties



# Material properties of interest

## Viscoelasticity

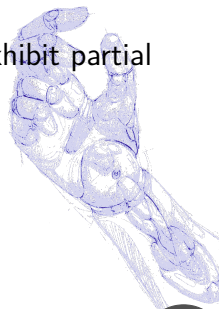
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# Viscoelasticity!





# Viscoelasticity

## Modeling

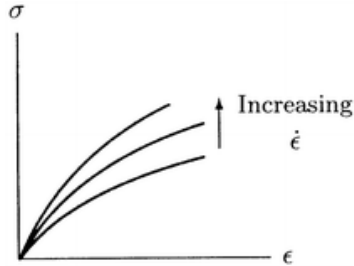
Deformation depends on velocity of strain/stress.



# Viscoelasticity

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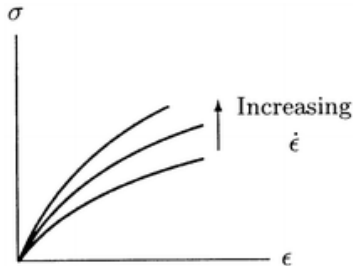
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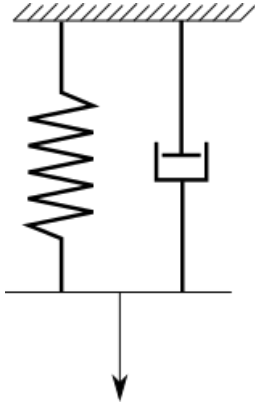
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If we model an elastic material as a spring, what do we use for viscous materials?



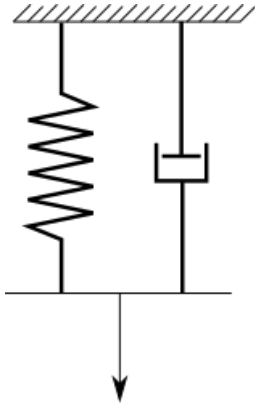
# Viscoelasticity

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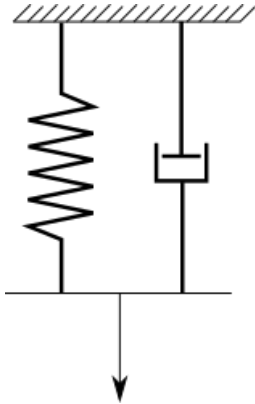


The spring element, models the elastic behaviour of the material



# Viscoelasticity

## Modeling

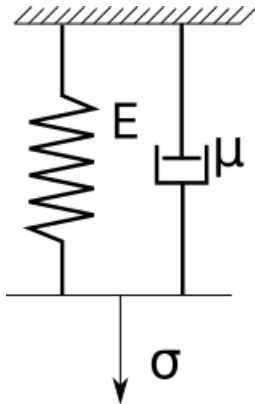


The spring element, models the elastic behaviour of the material  
The dashpot element, models the viscous behaviour of the material



# Viscoelasticity

## Modeling



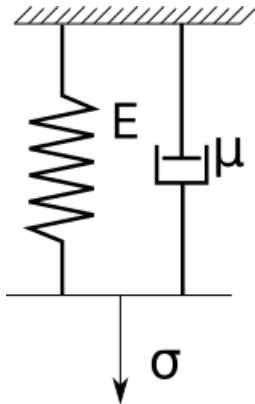
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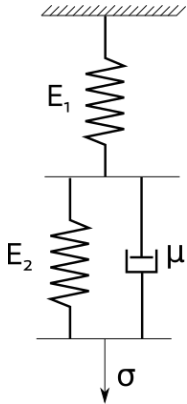
No known materials that follow this relationship





# Viscoelasticity

## Standard solid model

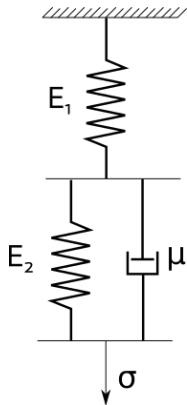


A more complex and realistic model for viscoelastic materials



# Viscoelasticity

## Standard solid model



A more complex and realistic model for viscoelastic materials

$$(E_1 + E_2)\sigma + \mu \frac{d\sigma}{dt} = E_1 E_2 \epsilon + E_1 \mu \frac{d\epsilon}{dt}$$



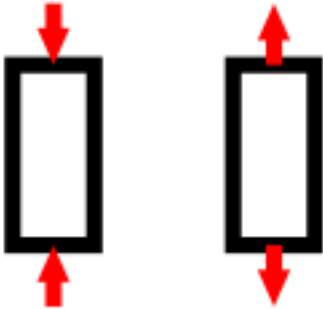
# Material properties

## Types of load



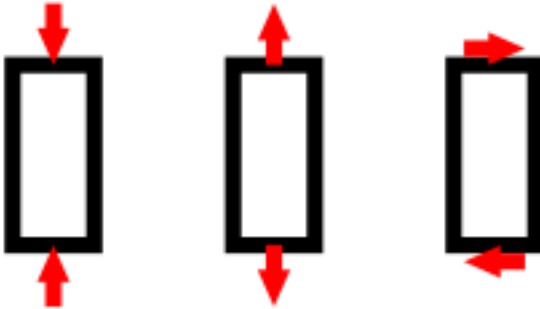
# Material properties

## Types of load



# Material properties

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# Material properties

## Types of load

Do we need extra testing for different directions?



# Strength of materials

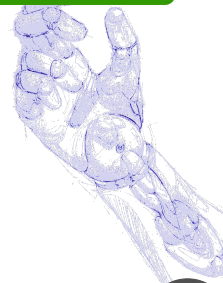
## Isotropic vs Anisotropic

### Isotropic material

A material that has the same properties regardless of the axis of measurement

### Anisotropic material

A material that its properties differ along different axes.



# Strength of materials

## Isotropic vs Anisotropic

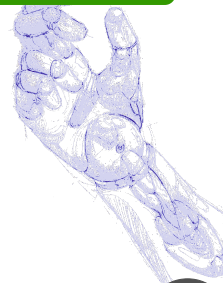
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# Strength of materials

## Isotropic vs Anisotropic

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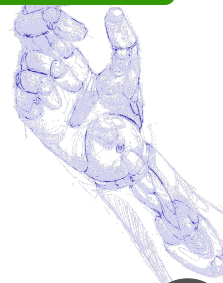
A material that has the same properties regardless of the axis of measurement

### Anisotropic material

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What can be the source of anisotropy?

What kind do you think biological materials are?



# Biologic materials

## Bones

Bones are the primary supporting structure of the human body and of most vertribrea.



# Biologic materials

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It is a living tissue, composed of cells, minerals, and collagen fibers.

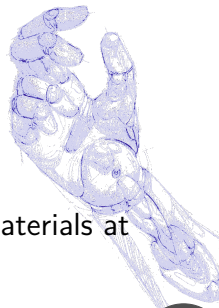
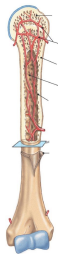


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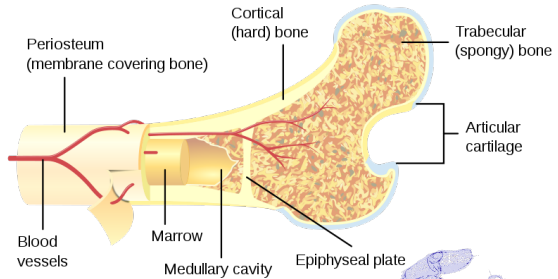


It is very nonhomogeneous, comprising of different materials at different scales.

# Biologic materials

## Bones

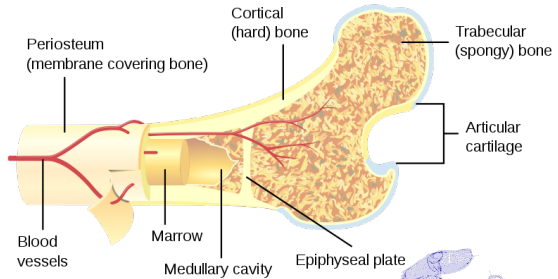
Biggest division of bones is in cortical and trabecular bone



# Biologic materials

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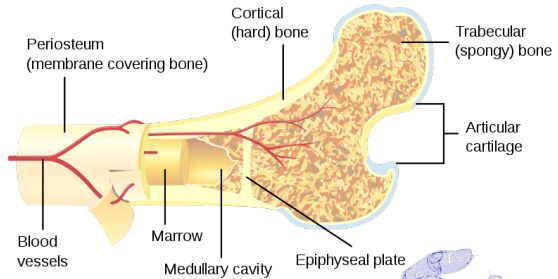
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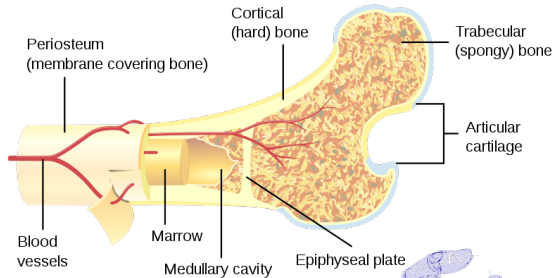
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# Biologic materials

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The material properties of bone vary vastly based on age, sex, person, bone location, pathology

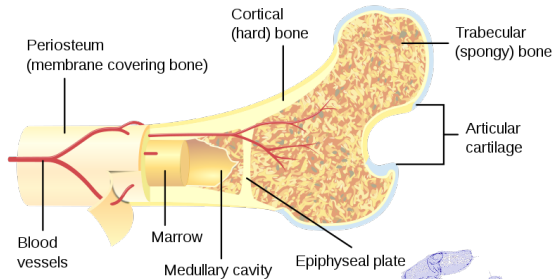




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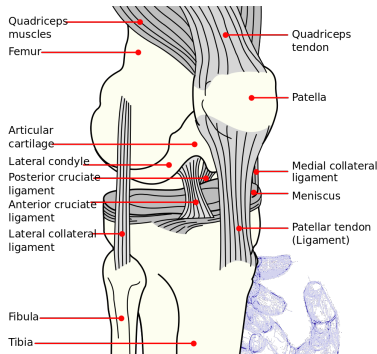
They are usually modeled as viscoelastic materials



# Biologic materials

## Tendons and Ligaments

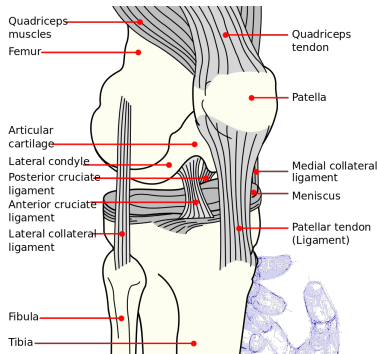
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# Biologic materials

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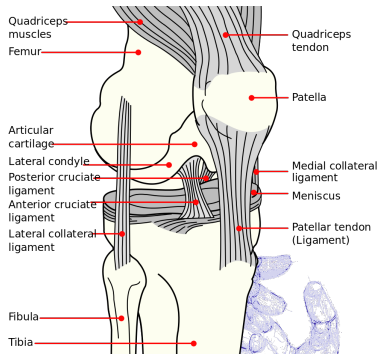


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# Biologic materials

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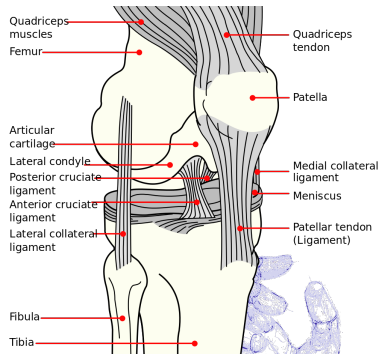


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# Biologic materials

## Tendons and Ligaments

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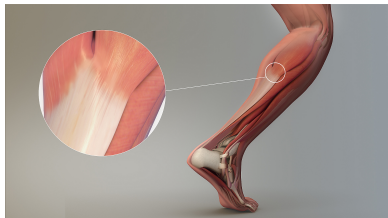


They are considered almost totally elastic at strains up to 0.25 however, viscous effects appear at higher strains. This is due to the components of the ligaments that are being stretched at different strains.

# Biologic materials

## Tendons and Ligaments

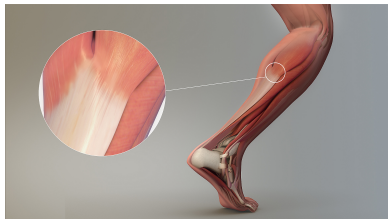
Tendons is the connecting tissue between muscles and bones.



# Biologic materials

## Tendons and Ligaments

Tendons is the connecting tissue between muscles and bones.



Tendons have similar behaviour and properties as ligaments, though they stop being elastic at lower strains (0.05).



# Biologic materials

## Muscles

There are three types of muscles:





# Biologic materials

## Muscles

There are three types of muscles:

- Skeletal



# Biologic materials

## Muscles

There are three types of muscles:

- Skeletal
- Smooth



# Biologic materials

## Muscles

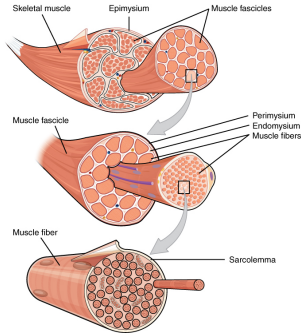
There are three types of muscles:

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# Biologic materials

## Muscles



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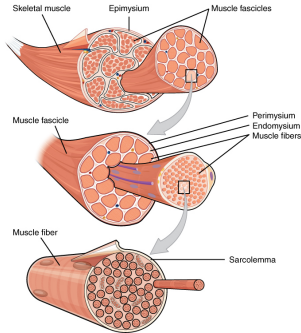
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Very complex structure of fibers bundled together



# Biologic materials

## Muscles



There are three types of muscles:

- Skeletal
- Smooth
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Very complex structure of fibers bundled together

They generate force by contracting and relaxing.



# Material properties

How do we calculate them?

Looking for a relationship between stress and strain, under different directions.

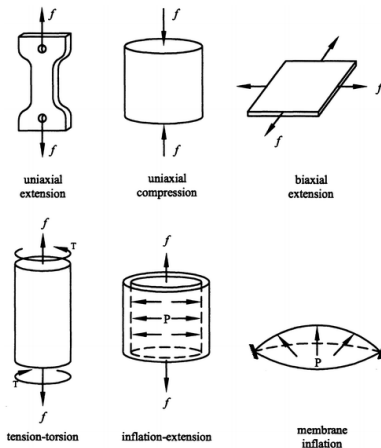


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Based on the type of tissue and on the material property we are interested in



Adapted from 'An introduction to biomechanics', by Humphrey et al.

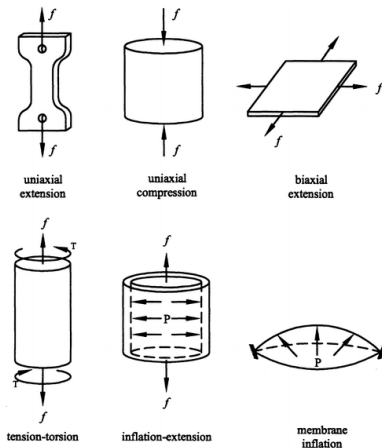
# Material properties

How do we calculate them?

Looking for a relationship between stress and strain, under different directions.

Based on the type of tissue and on the material property we are interested in

For viscoelastic materials, test must be performed under different velocities



Adapted from 'An introduction to biomechanics', by Humphrey et al.



# Overview

- Strength of materials



# Overview

- Strength of materials
- Stress, strain



# Overview

- Strength of materials
- Stress, strain
- Normal, shear strength



# Overview

- Strength of materials
- Stress, strain
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- Stiffness, viscoelasticity



# Overview

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- Elastic/plastic deformation



# Overview

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# Overview

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- Isotropic/anisotropic materials
- Biologic tissues of interest



# Overview

- Strength of materials
- Stress, strain
- Normal, shear strength
- Stiffness, viscoelasticity
- Elastic/plastic deformation
- Isotropic/anisotropic materials
- Biologic tissues of interest
- Material testing





# Coming up next

Finite element modeling



# Coming up next

Finite element modeling, or how do we use the material properties in non-standard object forms.





# Questions?