



# Modeling of soft and hard biological tissues

Structure and Material properties



UNIVERSITATEA  
BABEȘ-BOLYAI

Last update: March 21, 2023



# Agenda

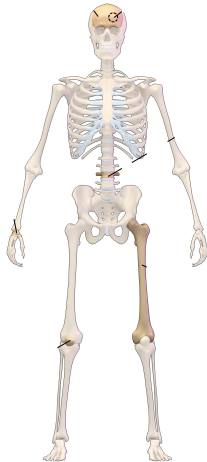
- Bones
- Cartilage
- Tendons and ligaments
- Blood vessels





# Bone morphology

## Types of bones

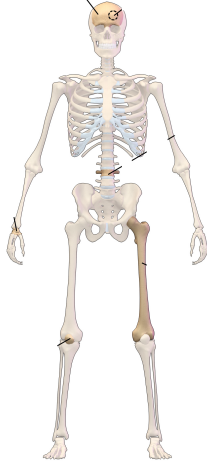




# Bone morphology

## Types of bones

Flat bone (Frontal)





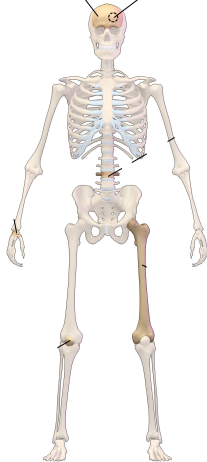
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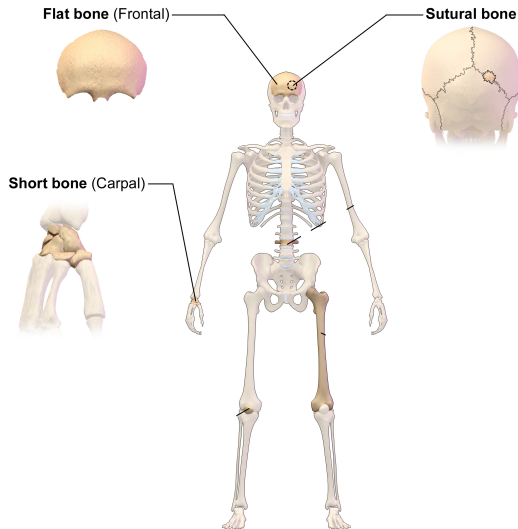
Sutural bone





# Bone morphology

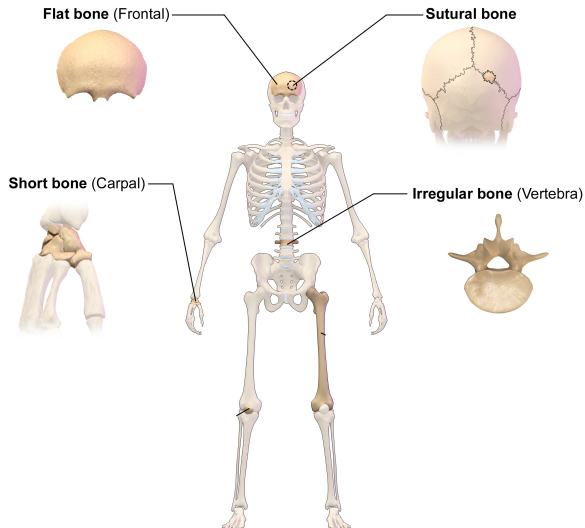
## Types of bones





# Bone morphology

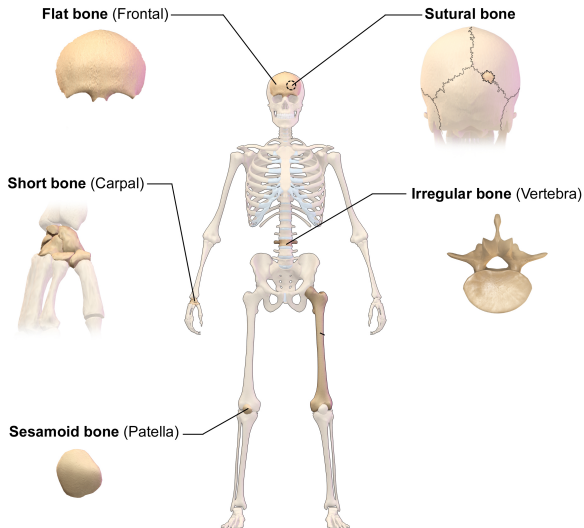
## Types of bones





# Bone morphology

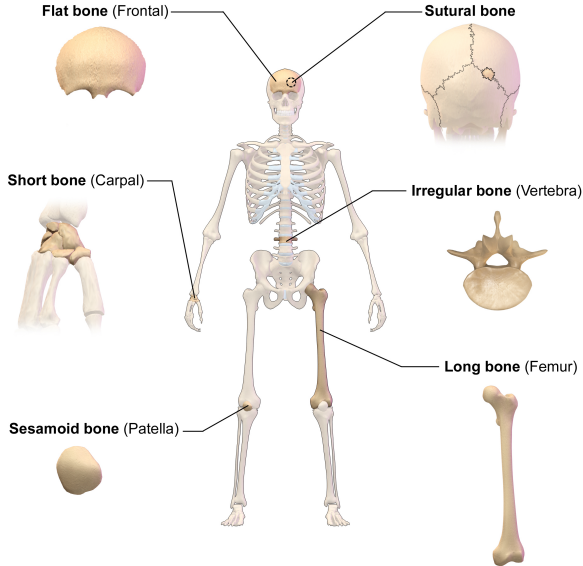
## Types of bones





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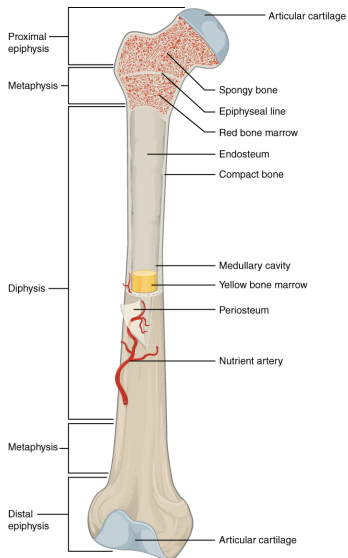


<https://www.youtube.com/watch?v=0dV1Bwe2v6c>



# Bone morphology

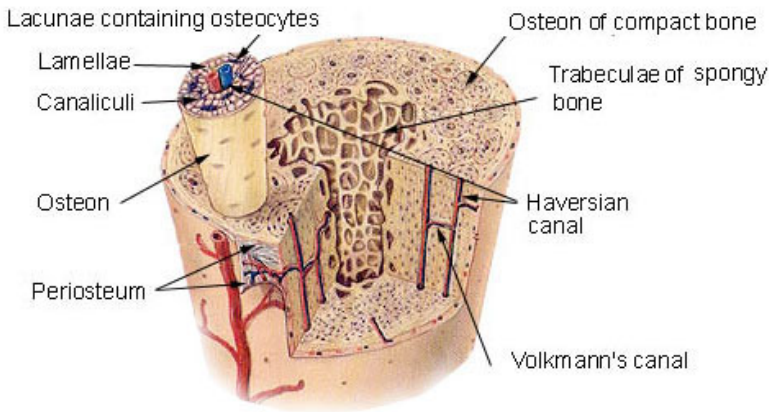
## Bone structure





# Composition of long bones

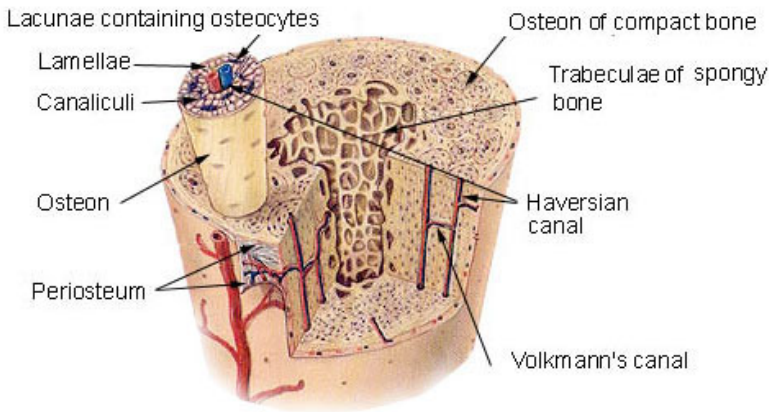
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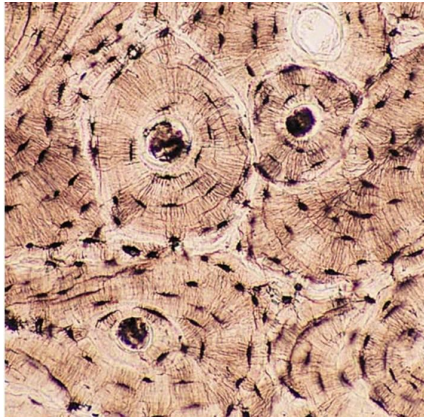


Basic structure is the osteon



# Composition of long bones

## Osteons



Osteons are like tree trunks





# Bone morphology

## Types of bone structure





# Bone morphology

## Types of bone structure



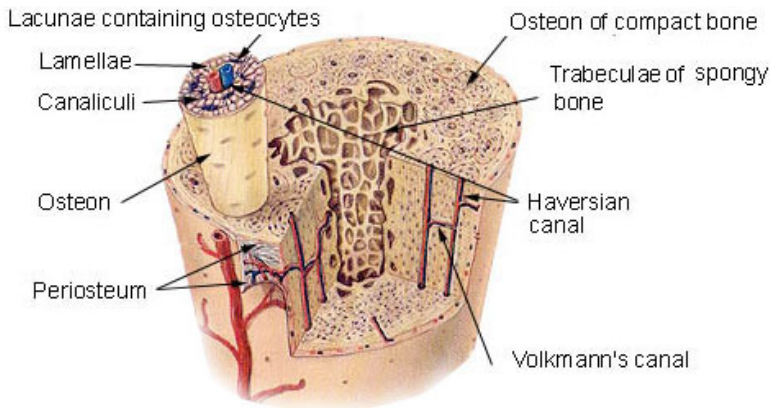
<https://www.youtube.com/watch?v=inqWoakkiTc>



# Composition of long bones

## Fluids

### Compact Bone & Spongy (Cancellous Bone)



In the porosity of the bone, there is fluid and bone marrow.



# Bone properties

## Bone models

At what level do we model our bones?





# Bone properties

## Bone models

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It depends on what we want to study

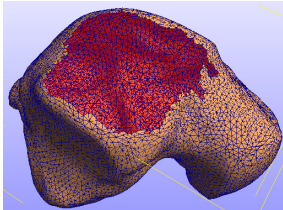




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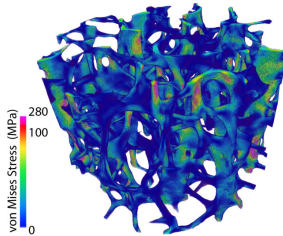
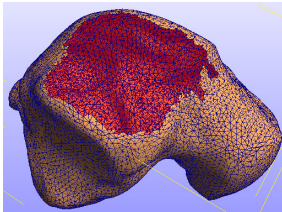




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*Verbruggen et. al*  
2016

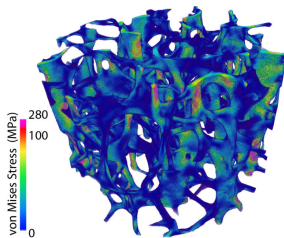
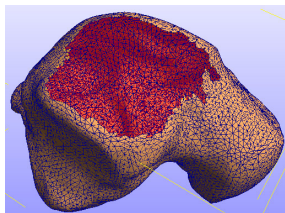




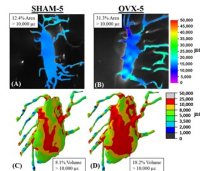
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*Torres et. al 2016*



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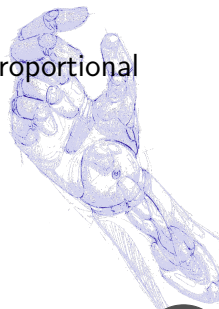
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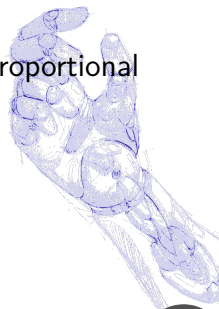
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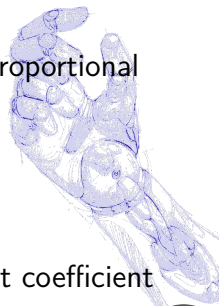
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$$\sigma + Ap = E\epsilon$$

Where  $p$  is the fluid pressure, and  $A$  is called the Biot coefficient





# Bone properties

## Modelling poroelasticity

For an isotropic material, The Biot coefficient is equal to:

$$A = \left( 1 - \frac{K^d}{K^m} \right)$$





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$$\frac{G^d}{G^m} = 1 - \frac{15(1 - \nu^m)\phi}{7 - 5\nu^m}$$





Time to breath in

Breath in





Time to breath in

Breath in

Breath out





# Bone properties

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The idea is that we measure  $K^m$  and  $G^m$  after we remove the fluid from the porous material





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Then we work as we know. (i.e. Finite Elements)





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Then we work as we know. (i.e. Finite Elements)

This approach assumes that the material is elastic, we are therefore in a linear region of the stress-strain relationship





# Bone properties

## Material properties

$$K^m = 14GPa$$

$$K^d = 12GPa$$

$$G^m = 5.5GPa$$

$$\phi = 0.05$$





# Cartilage

## Types of cartilage

Cartilage is found primarily between bones, creating either rigid connections or articulations.

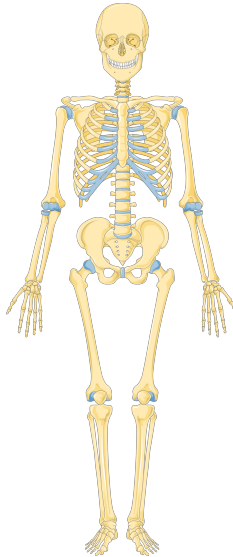
- Fibrous joints
- Cartilaginous joints
- Synovial joints





# Cartilage

## Articulated joints





# Cartilage

## Chemical Composition

Hyaline cartilage consists by 40% of Type II collagen. The rest is mainly water and Proteoglycan.

For synovial joints, it is a thin layer (0.5 - 5 mm)



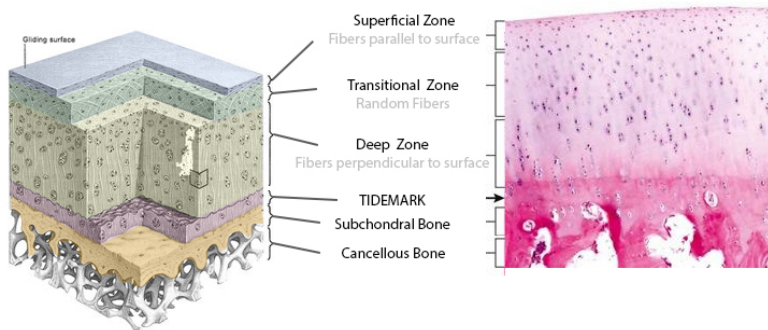


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The property of a porous material that describes the ability of a fluid to flow through the material.

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A very important aspect of cartilage modelling is *permeability*

### Permeability

The property of a porous material that describes the ability of a fluid to flow through the material.

Contrary to bone modelling, cartilage modelling takes into consideration not just fluid compression, but also flow  
This is a non-linear model





# Cartilage

## Modelling

Cartilage is often modelled as a *hyperelastic* material.

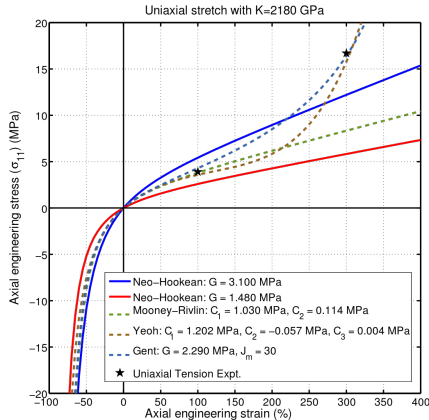




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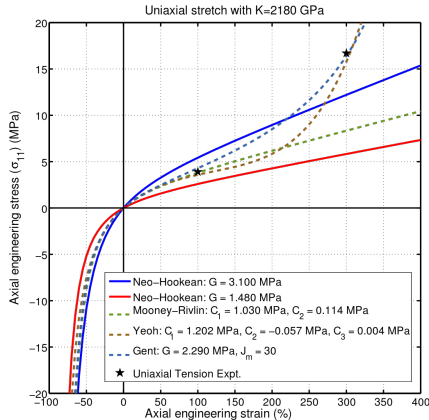




# Cartilage

## Modelling

Cartilage is often modelled as a *hyperelastic* material.



More specifically a *Mooney-Rivlin* material



# Tendons and ligaments

## Functionality



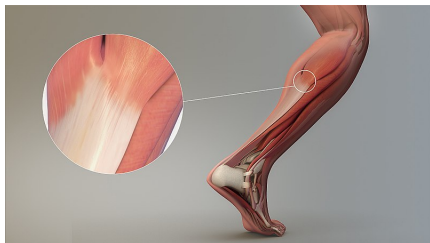


# Tendons and ligaments

## Functionality

### Tendons

Fibrous connective tissue connecting muscles to bones. They help translate muscle force production into bone movement.





# Tendons and ligaments

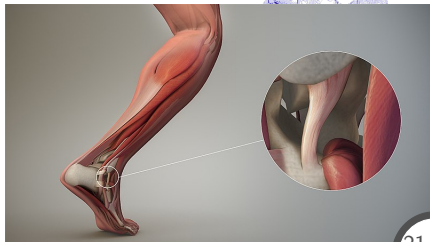
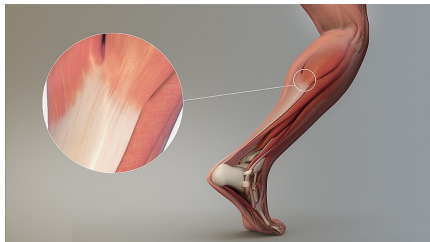
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### Ligaments

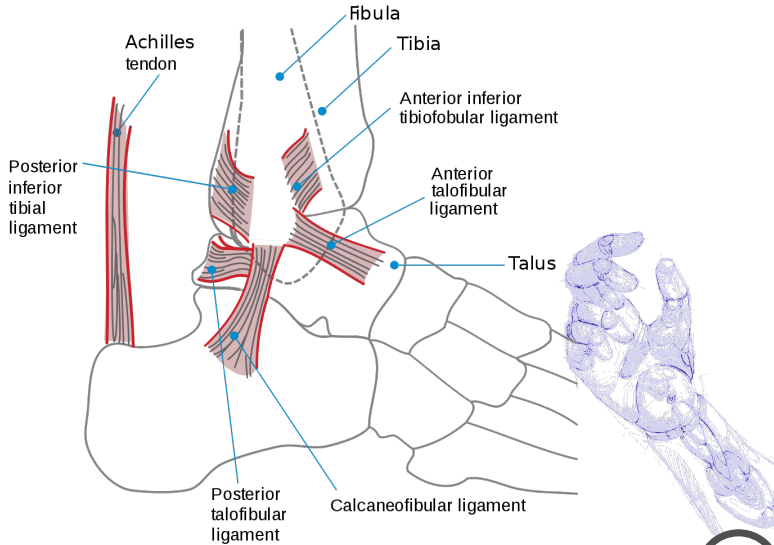
Fibrous connective tissue connecting bones to bones. They help keep bones together, restricting some degrees of freedom in articulations.





# Tendons and ligaments

## Functionality





# Tendons and ligaments

## Composition

Similar composition, of mainly Type I collagen

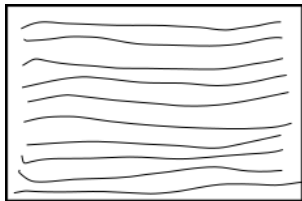




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Tendon

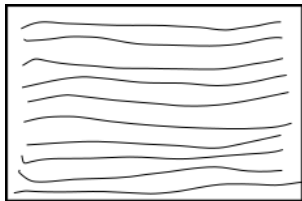




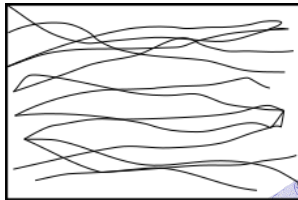
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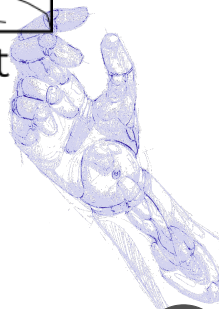
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Tendon



Ligament





# Tendons and ligaments

## Modelling

Tendons and ligaments are modelled as *viscohyperelastic* materials.

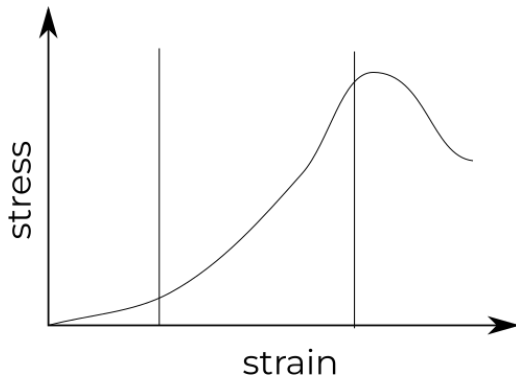




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# Tendons and ligaments

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### Viscous effects

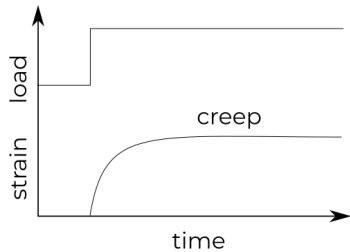




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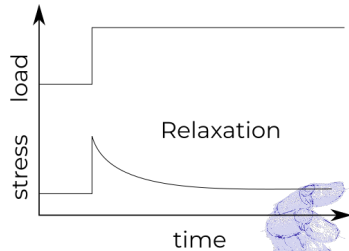
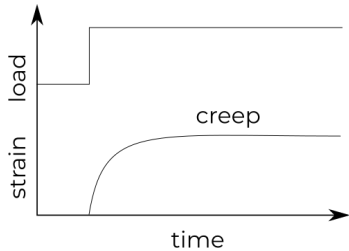




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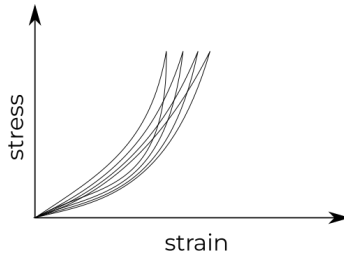
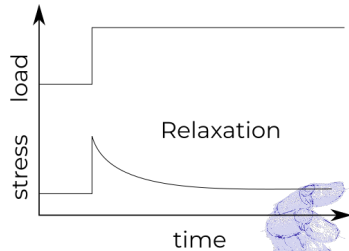
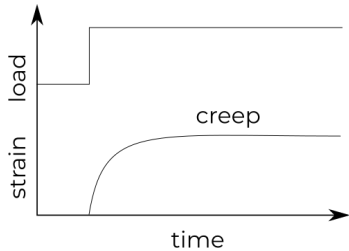




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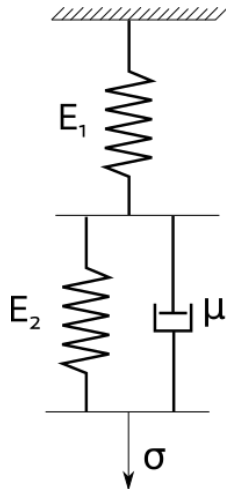
### Viscous effects





# Tendons and ligaments

## Modelling



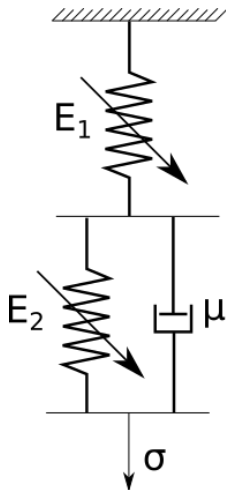
$$\sigma + \frac{\eta}{E_1 + E_2} \dot{\sigma} = \frac{E_1 E_2}{E_1 + E_2} \epsilon + \frac{E_1 \eta}{E_1 + E_2} \dot{\epsilon}$$





# Tendons and ligaments

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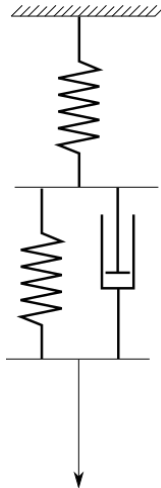
$E_1(\epsilon), E_2(\epsilon)$





# Tendons and ligaments

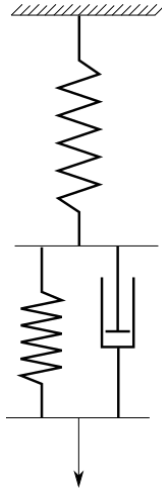
## Relaxation





# Tendons and ligaments

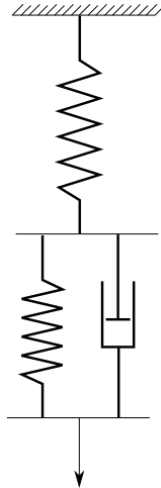
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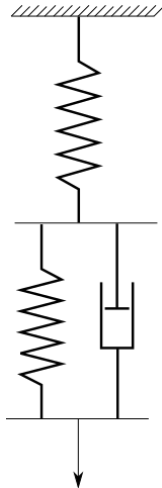
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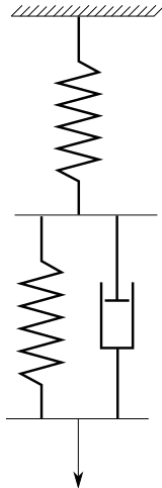
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## Modelling

How do we identify  $E(\epsilon)$  and  $\eta$ ?

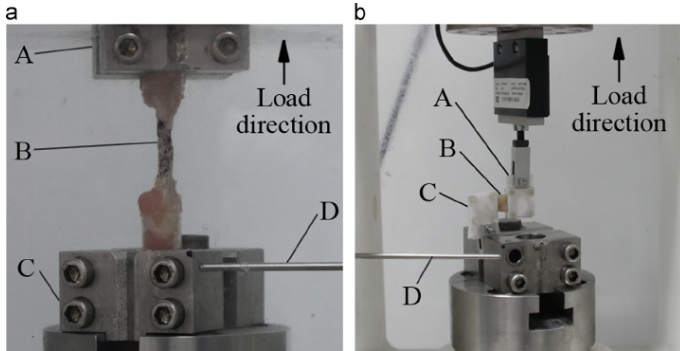




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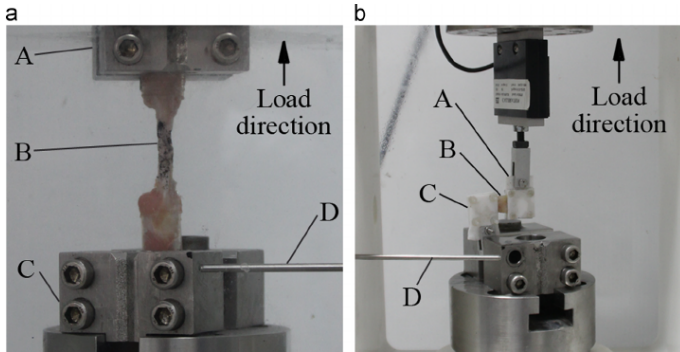
From Chao Wan et al. (2015)



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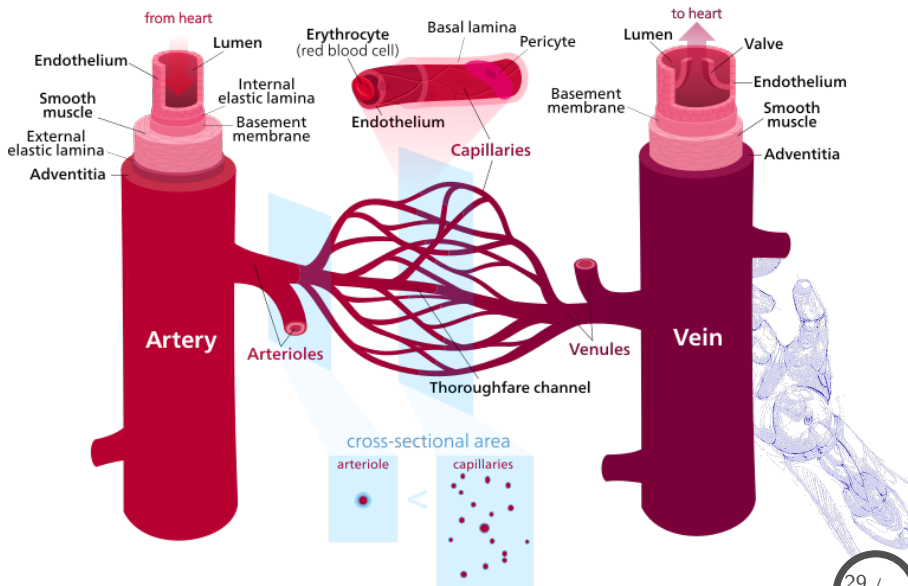
From Chao Wan et al. (2015)

Good news: We are mainly interested in axial loading, since this is physiological



# Cardiovascular system

## Description

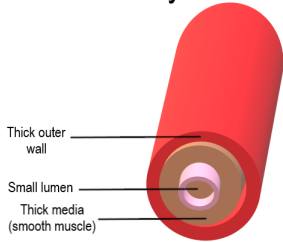




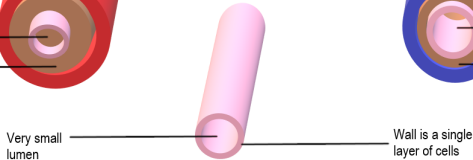
# Cardiovascular system

## Arteries and Veins

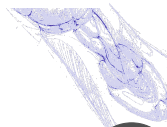
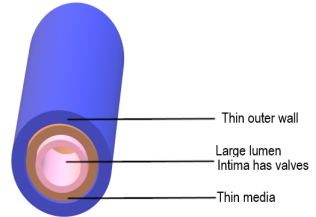
An artery



A capillary



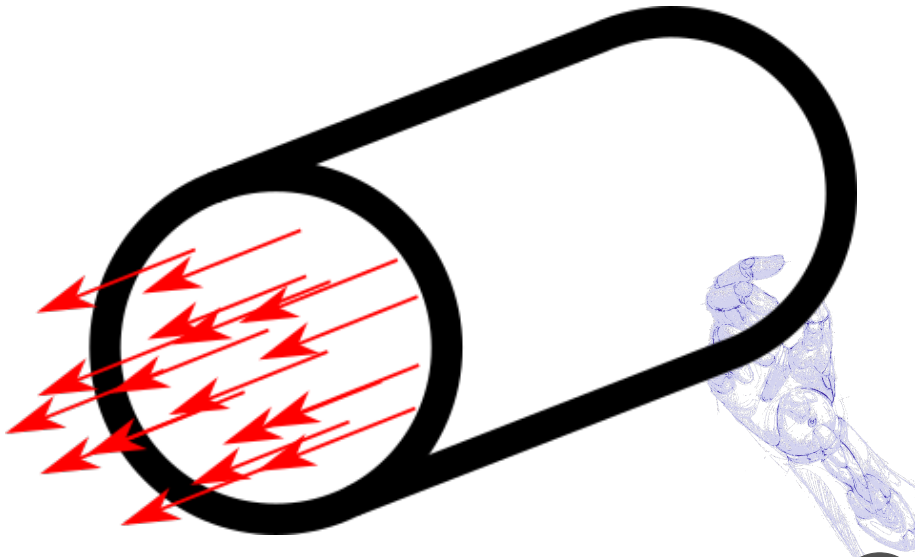
A vein





# Blood vessels

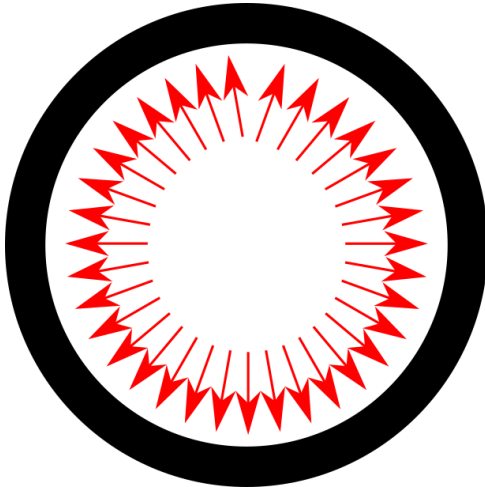
## Stress analysis





# Blood vessels

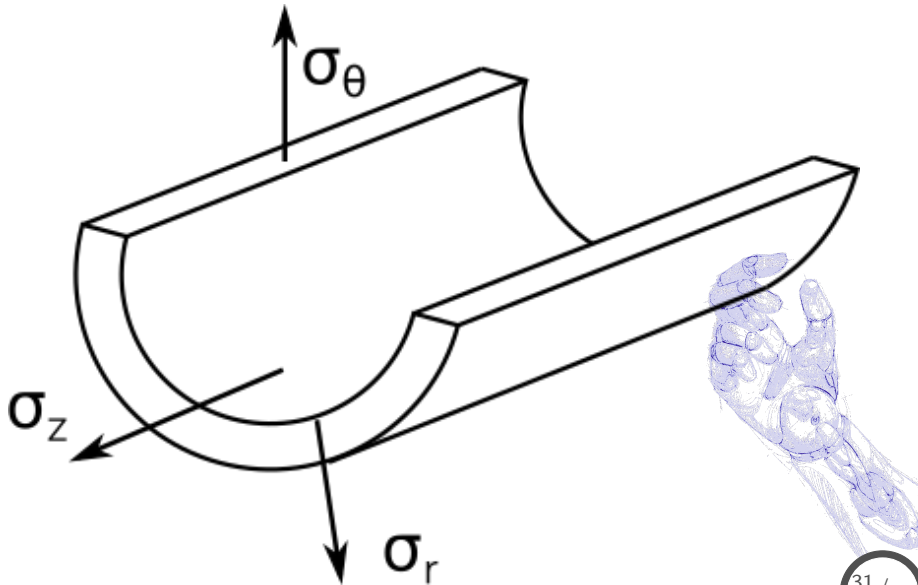
## Stress analysis





# Blood vessels

## Stress analysis

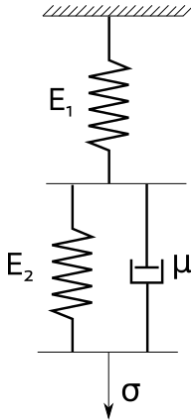




# Blood vessels

## Mechanical properties

### Visco

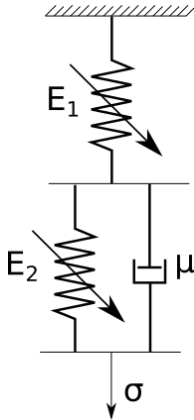




# Blood vessels

## Mechanical properties

### Viscohyperelastic

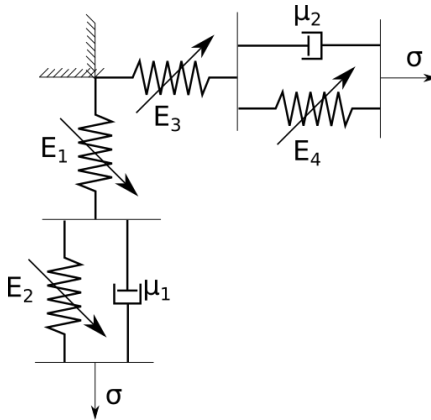




# Blood vessels

## Mechanical properties

Viscohyperelastic, anisotropic

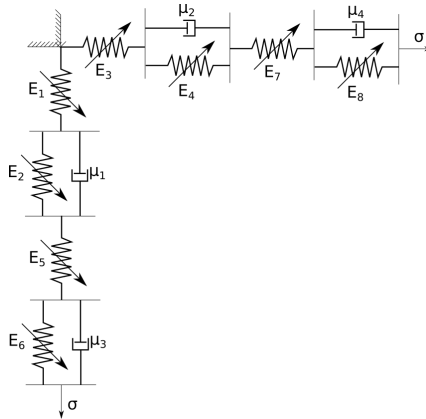




# Blood vessels

## Mechanical properties

Viscohyperelastic, anisotropic, composite.

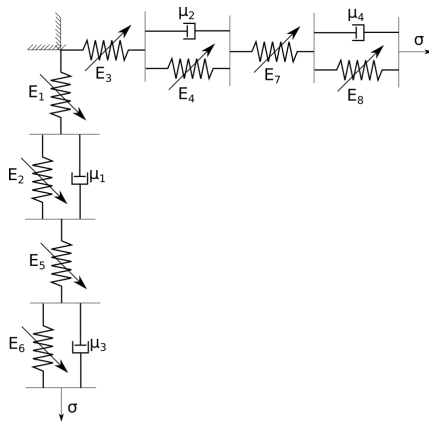




# Blood vessels

## Mechanical properties

Viscohyperelastic, anisotropic, composite.



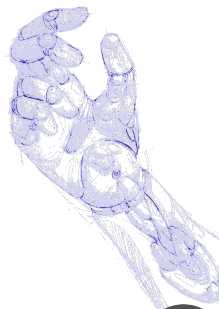
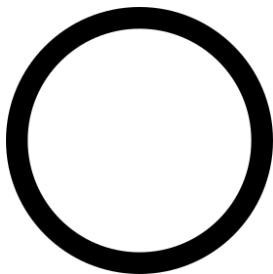
And it exhibits residual stresses!



# Blood vessels

## Residual stresses

Internal stresses that are present in the vessels, even when there are no external loads.

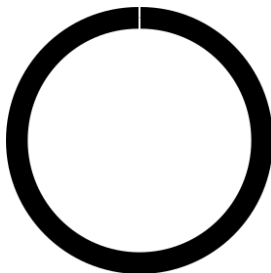




# Blood vessels

## Residual stresses

Internal stresses that are present in the vessels, even when there are no external loads.





# Blood vessels

## Residual stresses

Internal stresses that are present in the vessels, even when there are no external loads.

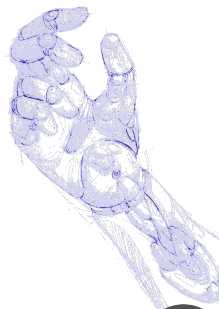
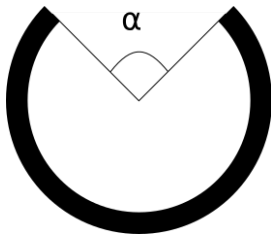




# Blood vessels

## Residual stresses

Internal stresses that are present in the vessels, even when there are no external loads.

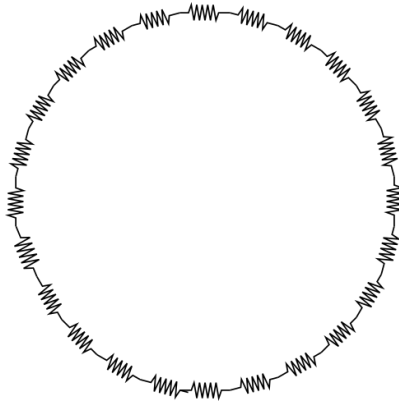




# Blood vessels

## Residual stresses

Internal stresses that are present in the vessels, even when there are no external loads.





# Coming up next

Fluid dynamics in biomechanics







# Questions?